

## **Mount Auburn Hospital**

### **Behavioral Health Patient Care Associate**

#### Primary Responsibilities

1. Provides physical care to assist patients in maintaining nutrition, hygiene, hydration, and elimination.
2. Collects necessary data for the medical monitoring of patients' status (e.g., diagnostic specimens, and weights), and records this accurately.
3. Reports changes in patients' physical condition, e.g., weight loss, sleep, eating patterns, and general comfort of patient.
4. Participates in the evaluation of patients' needs for general and psychiatric nursing care, and carries out treatment plans.
5. Reports changes in patients' mood, affect, behavior, and psychiatric symptoms.
6. Maintains a safe and clean environment for patients.
7. Cares for equipment used in the delivery of care.
8. Participates in milieu groups and activities as needed.
9. Provides one-to-one observation of patients as needed.
10. Performs all activities in accordance with established unit, hospital, and nursing policies.
11. Maintains Heart Saver Certification.
12. Attends CPI (Crisis Prevention and Intervention) and sensory modulation in-service.
13. The Behavioral Health Assistant is to monitor patients whereabouts at all times as directed by the charge nurse or the patient's assigned nurse and responsible for 15 minute checks as assigned.

#### **Required Qualifications:**

1. Verbal, quantitative, and interpersonal skills normally acquired through completion of a high school diploma in order to participate in the evaluation of patient's physical and emotional needs
2. Related experience in a health care setting desirable or pursuing a degree in a related field.
3. Good oral communication skills to ensure the accurate transfer of information, and strong interpersonal skills to facilitate courteous interaction with patients, visitors, and other hospital staff members.

#### **WORKING CONDITIONS**

1. Normal hospital environment.
2. The risks for exposure to infectious diseases and hazardous waste can be minimized by adherence to established safety procedures.
3. Exposure to infectious diseases, chemicals, and other toxic agents.
4. Ability to walk and stand for up to 90% of work time, to push and pull heavy weights (including patients), and to lift 50 lbs.

5. Fine motor control for limited periods of time to perform patient treatments.

6. Upper extremity demands include ability to perform data entry with repetitive hand movement, and visual concentration at video display terminal, to review and enter data.